

Preparing the Backing

1. Cut backing fabric in half to make two $1\frac{1}{2}$ yd pieces. (*Backing fabric may be in two pieces already.*)
2. From one piece, cut 5 strips $2\frac{1}{2}$ " x **Length of Fabric** for binding. (*For thinner binding, cut the strips $2\frac{1}{4}$ " wide*). Set strips aside. (*Figure E*)
3. Using a $\frac{1}{2}$ " seam allowance, sew the two backing pieces right sides together along the length. Press seam open. (*Figure F*)
4. Baste the layers of the quilt together using your preferred method.
5. After finishing the challenge, prepare binding and bind the quilt.

Figure E

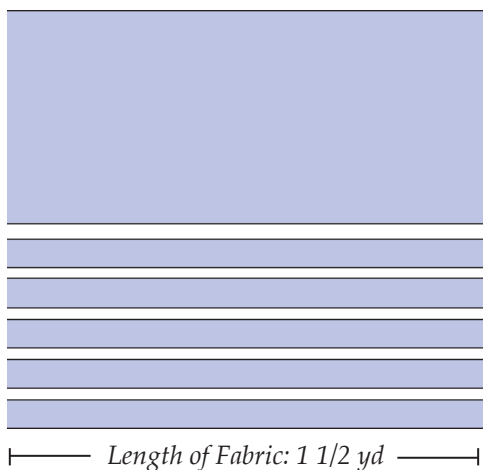
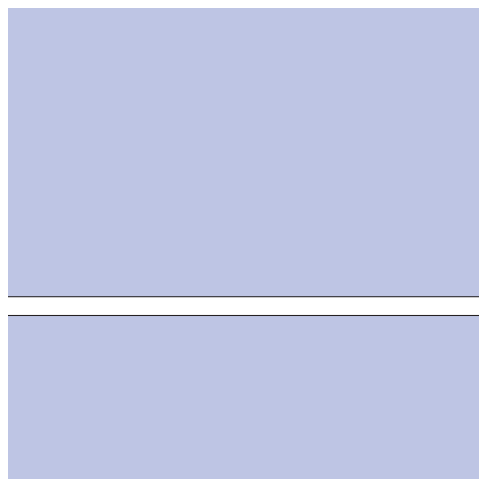


Figure F



Flora & FOLIAGE

Free-motion Challenge Quilting Along

Designed by Angela Walters
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Quilt Assembly

If you purchased the optional border panel, use these instructions to prepare your quilt top. If you didn't purchase the optional panel, skip to the last page.

Visit
FMQchallenge.com
to learn more about the Free-motion
Challenge Quilting Along.

1. Trim the FMQ Challenge quilt panel to 40" x 50".
2. Cut out all the pieces on the panel by cutting along the edges. (Note: Seam allowance included in the design. There will be extra star blocks, set aside to use on another project.)
3. Sew two of the side border strips to both sides of a star block as shown. Repeat to make two side border strips. (Figure A)
4. Align midpoints of a strip & side of the quilt panel. Pin border in place. (Border may extend beyond the panel slightly on both ends.) Sew border strip to the panel, then press. Repeat on other side. (Figure B)
5. Trim side borders even with the top and bottom of the quilt panel.



Figure B



Figure A

6. Sew a star block to both sides of the top and bottom borders. Press. (Figure C)
7. Sew the top and bottom borders strips to the top and bottom of the panel (Figure D)
8. Quilt should measure 48 1/2" x 58 1/2".



Figure D

Figure C

