



Welcome to This Week's Challenge: X Blocks

We have already worked with Triangle shaped blocks in week 3, the flying geese blocks. However, the triangle pieces in X blocks (or Quarter Square Triangles) can be bigger than flying geese. But don't let that intimidate you, the arrangement of the pieces means that we can create some intricate looking motifs with basic shapes.

When quilting Pinwheel blocks, it's not so much the size that I take

into consideration, it's the arrangement of the blocks. I love picking designs that will help give the block a look of movement.

This Week's Challenge:

Quilt the X blocks (Quarter Square Blocks) on your quilt. You can use the designs that I showed in the video, or come up with your own variations.

X Blocks: Design #1

This design uses a basic shape to create an intricate looking motif.



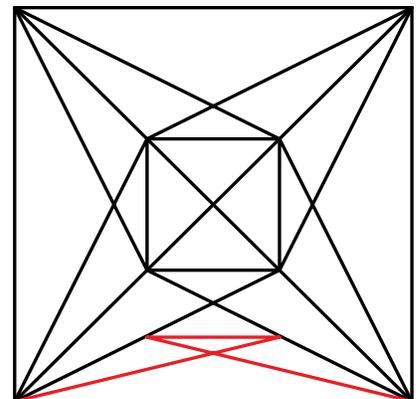
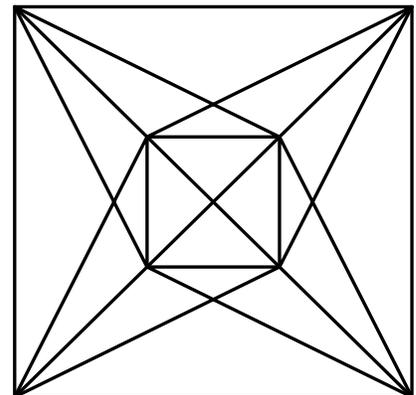
Perfect For:

X Blocks of all sizes and types. You can also try it in other triangle-shaped areas, such as flying geese and border corners.

Additional Tips:

- Make this design fit blocks of all sizes by quilting the same design in the area between the first row and the edge of the quilt.
- Replace the straight lines for curved lines to give it a softer look.

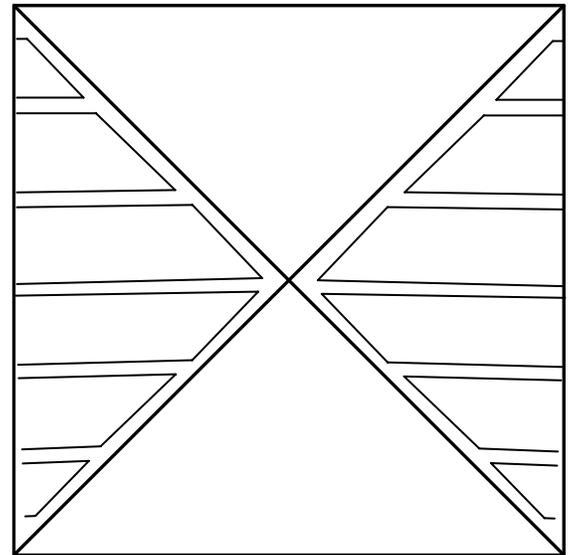
For more information about the challenge or for machine quilting inspiration, visit: QuiltingIsMyTherapy.com
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X Blocks: Design #2

Echoing portions of a block is a great way to show it off! In this design, we are using echoing in a slightly different way for a more modern, geometric look.



Perfect For:

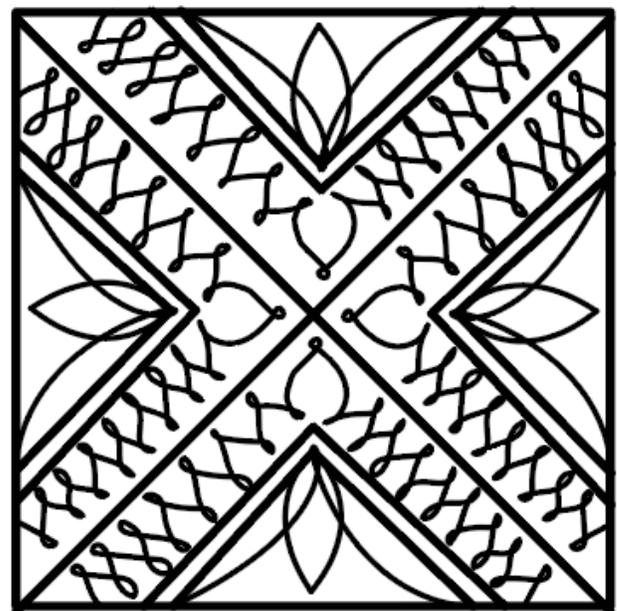
- X Blocks of all sizes, or even in the areas around triangle shaped blocks.

Additional Tips:

- Keeps the spacing between the segments consistent for a more conventional look, or vary the size and spacing to give it a more “modern” twist.
- Try this in the areas around blocks as well!

X Blocks: Design #3

Larger quilt blocks can be easy to piece, but can be a little daunting to quilt. Use echoing to break them up into smaller pieces....it will make them easier to manage.



Perfect For:

- Larger quilt blocks of any shape or size, not just triangles.

Additional Tips:

- There are so many different ways to change this design. Try adding more or less echo lines, different fillers or leave some areas unquilted.



Create Your Own

