

# Mandala

Free-motion Challenge Quilting Along



***Week 1 Quilting Diagrams & Tip Sheet***  
*For more information about the challenge, visit [FMQchallenge.com](http://FMQchallenge.com)*



# Week 1

Welcome to the first week of the Mandala Free-motion Challenge Quilting Along. I am so looking forward to quilting along with you through this video series. If you are nervous, don't be! I will be with you each step of the way.

In this first challenge, we are quilting the center of our mandala panel. Not only will you learn different design ideas, I'll also share tips on echoing, stitching in the seams as well as how to work your way through the area as efficiently as possible.

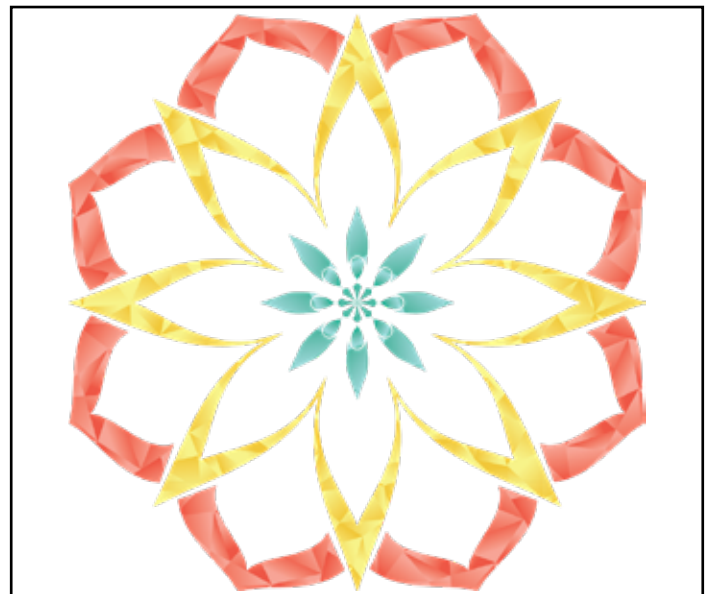


Scan the QR code to rewatch the Week 1 video tutorial.



## Your Challenge

If you're quilting along with me on the custom Mandala panel, quilt the center portion, as shown on the right, with the designs of your choice. You can try some of the ones shown in the video, or come up with your own variations.



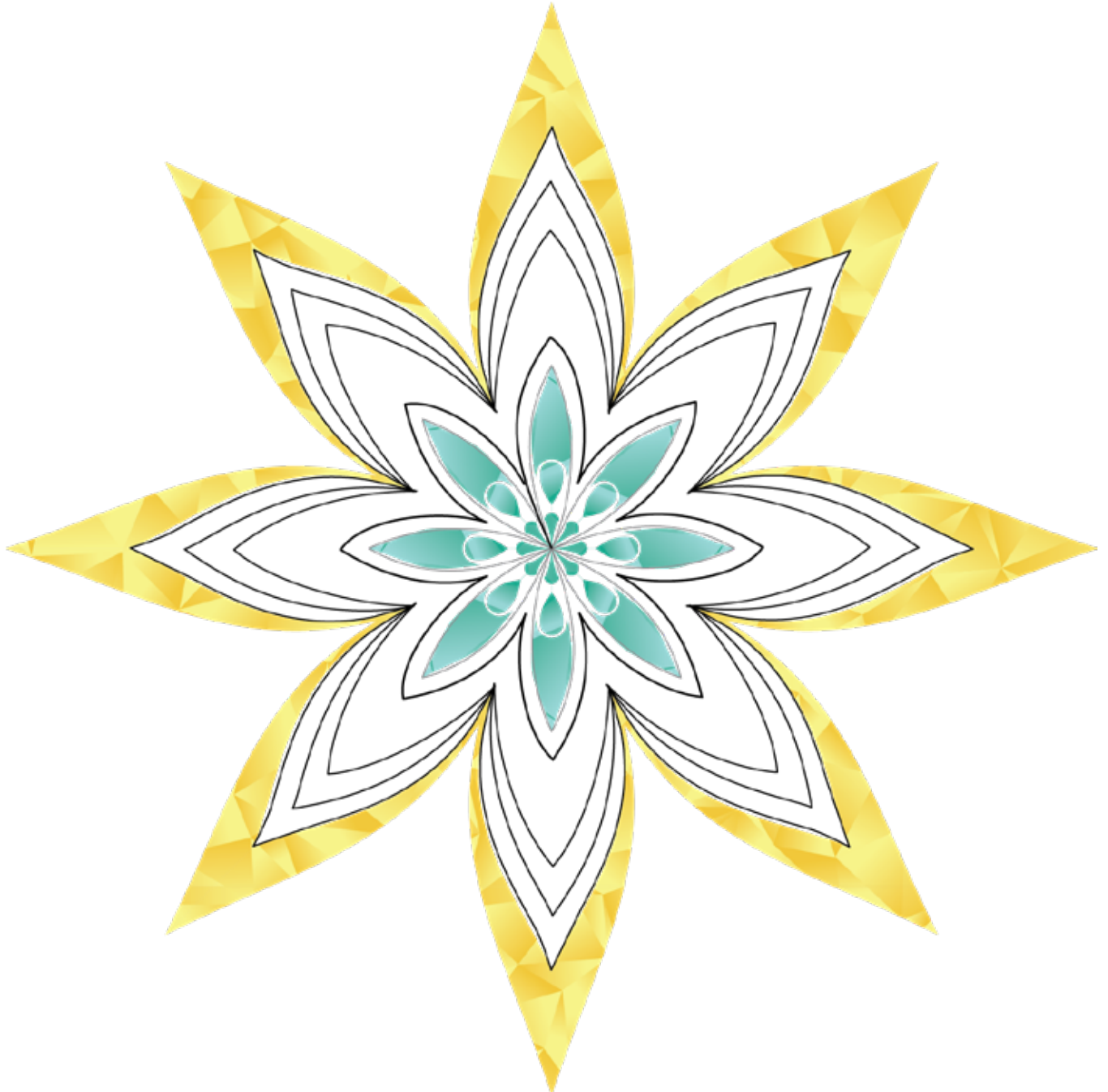
If you purchased the coordinating thread collection, use the yellow and white thread for this section.



## Quilting The Mandala Center

It's no secret that I love echoing. For such a simple shape, it sure can make an impact on your quilt. Echo quilting is quilting a line the same shape as a block (or other element of the quilt) so that it's set apart a certain distance.

For the center of the Mandala panel, we are going to incorporate echoing in a few different ways.





## Quilting the Next Section

Once the very center of the quilt is finished, it's time to move onto the next "ring" of the mandala. The sections in this area are a little round and a little pointy. For these areas, we are going to use echoing to highlight different portions of the shape and fill in the space with a couple different designs.





For quilting that gives even more of a “wow”, echo around each side of the area and fill in with a small filler design.





# Audition Designs

Use the diagrams below to audition quilting designs for your Mandala panel.

