

Let's go on a customizable free-motion quilting adventure! Below, you will find the suggested supplies for the Mandala Free-motion Challenge Quilting Along.

Suggested Supply List

Sewing Machine with Free-motion Quilting Foot

Of course, to practice free-motion quilting you will need a sewing machine with a free-motion quilting foot. If you're quilting along with me on a longarm, no worries! I will be demonstrating all of the designs on a sewing machine as well as a longarm quilting machine.

Quilt Sandwich

Quilt along with me on the Mandala challenge panel or you make a quilt sandwich out of your prefered fabric. Baste the quilt sandwich layers using your preferred method.

Needles

For machine quilting with a sewing machine, I love Superior's Topstitch Titanium needles since they are stronger and stay sharper longer. The size needle you use depends on the thread. I usually use a #90/14or an #80/12. If quilting with a longarm, use your machine manufactor's suggested needles.

Machine Quilting Thread

High quality thread can help prevent tension issues and broken thread. I will be demonstrating the designs using Glide, a 40 weight thread. 50wt cotton also works great for machine quilting.

Taj & Smiley Ruler (optional)

For some sections of the quilt, I will be using the Taj and Smiley rulers. They are not required, but will be helpful for quilting arcs and points.

For more information about the challenge, visit FMQchallenge.com



Optional Supplies:

While not necesary, you may find the following supplies helpful if machine quilting on a sewing machine:

- **Supreme Slider** to help the quilt glide through your machine easier.
- Extension Table- gives you a larger area to work on and helps hold the quilt up.
- Machine Quilting
 Gloves- allows extra
 control when moving the quilt.
- Marking Tool- to help create guidlines. I prefer a water soluble marker and a pounce pad.